

30th October 2008

Dear Swimmers

Attached please find your National Swimming Championships 2008 Entry Form.

This year our National Championships will take place on **Saturday 29th November** in the National Aquatic Centre, Dublin 15.

Some important information to note;

- Competition will run from 11.00am – 1.00pm on Saturday.
- Registration will take place from 10.00am
- Entry Fee is €15.00 for Seniors and €10.00 for Juniors.
(Cheques & Postal Orders should be made payable to IWA-Sport).
- Electronic Versions of the entry form are available online at www.iwasport.com .
- Completed forms can be emailed to auveen.wilson@iwa.ie
- This will be a Long course competition (50 metres). All participants must be proficient swimmers over 50m
- Irish Anti-Doping rules will be enforced at this competition.
If you are for medical reasons taking a substance which is banned on the World Anti Doping Agency (WADA) banned list or are using a method banned by WADA, please complete a Therapeutic Use (TUE). These forms are available on request from the sports office.
- As with all tournaments and competitions all members of IWA-Sport are expected to uphold our Code of Ethics and Good Conduct.
- Only persons who have completed and returned the Photography Consent Form to the office will be permitted to take photos at the event.
- **Strict Closing date for Receipt of entries is 14th November 2008**
- Please note that manual timing will only be available at this event.
- Late Entries will not be accepted under any circumstance.

If you have any queries, please do not hesitate to contact the office.

Yours in Sport

Mairéad Farquharson
Director of Sport