

# LUCOZADE SPORT EDUCATION PROGRAMME

## PART TIME PRESENTERS REQUIRED



Coaching Ireland is currently recruiting Presenters for the Lucozade Sport Education Programme. The Programme consists of 10 Modules:

### Phase 1:

Hydration an Introduction

[Nutrition an Introduction](#)

[The Female Athlete](#)

[Get Fit for Sport](#)

[Planning for Success](#)

### Phase 2:

[Lifestyle - Getting the balance right](#)

[Circuit Training - Development of Strength & Conditioning](#)

[Nutrition - Feeding Performance](#)

[Making Weight - Tipping the scales for success](#)

[Hydration - You are what you drink](#)

More information on the Programme and the Factsheets are available on our website  
[http://www.coachingireland.com/lucozade\\_factsheets](http://www.coachingireland.com/lucozade_factsheets)

### Requirements:

- *All Applicants must have a minimum of a Sports Science Degree or a Degree in Nutrition*
- *Applicants must be available to deliver workshops at evenings and weekends*
- *Experience in presenting is essential*
- *All applicants must be available for training on 13th & 14th March. Training will be held at a Dublin venue.*

### To apply:

Please send your Curriculum Vitae to [ann.mcmahon@coachingireland.com](mailto:ann.mcmahon@coachingireland.com) before 5pm on Friday February 19<sup>th</sup> 2010.

<b>EMPOWERING IRISH SPORT</b>		
<a href="http://www.coachingireland.com">www.coachingireland.com</a>		<b>COACHING IRELAND™</b> TRAENALAI EIREANN
<b>Ann McMahon</b> <i>Office Co-Ordinator/Administrator</i>	Coaching Ireland University of Limerick Limerick	
<a href="mailto:ann.mcmahon@coachingireland.com">ann.mcmahon@coachingireland.com</a>	tel: +353-61-202895	fax: +353-61-202868