

Community Relations Through Sport Residential

Groups from St Johnston, Newtoncunningham, Lifford and Castlederg enjoyed a weekend at the Áras Ghleann Cholm Cille Residential centre in Gleann Colm Chille. The residential was part of the Community Relations through Sport project supported by the Donegal CDB Peace and Reconciliation Partnership as part of the European Union European Regional Development Fund.

The projects overall goal is to address social exclusion issues by engaging young people from all religious backgrounds through a programme of capacity and confidence building, improving self esteem thus contributing to a more vibrant and inclusive community. This will be achieved by a mixture of structured sports and educational activities and programmes.

The projects goal supports the Donegal CDB Peace and Reconciliation Partnership's objective of developing better relationships at a local level and reinforcing progress towards a more peaceful and stable society.

Over the weekend the groups enjoyed a number of different activities including coasteering and archery. The adventure team also guided the group through a number of team games and ice breakers. A alcohol awareness programme called Socialite was also delivered and a big thank you to Deborah from St Johnston Resource Centre for her time and effort.

For more information about the Community Relations through Sport Project please visit www.actedonegal.com and click on the cross border section.

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