

CRICKET

24th September - 15th October

NCDI - St. Johnston and Carrigans

On the 24th September St Johnston and Carrigans and NCDI Youth Projects came together for the first sports coaching sessions under the Community Relations through Sport project. Community Relations through Sport proposes to address social exclusion, racism and sectarianism through the medium of sport, physical activity and education. The project is funded by the Donegal CDB Peace and Reconciliation Partnership. The projects overall goal is to address social exclusion issues by engaging young people between the ages of 14 and 17 years of ages from all religious backgrounds through a programme of capacity and confidence building, improving self esteem thus contributing to a more vibrant and inclusive community. This will be achieved by a mixture of structured sports and educational activities and programmes.

Cricket was selected as the first sport for the group and Booby Rae, an ex international cricketer delivered four coaching sessions aimed at providing the participants with an introduction to the game and elements of how they would coach a group. The participants were also asked to coach the group on certain elements of the game and take a small assessment on the topics covered over the four weeks. The



The participants were given a certificate of achievement and a number of them have enrolled on to other cricket courses being run.